

## HOW CAN I SUPPORT MY CHILD'S SPEECH, LANGUAGE AND COMMUNICATION SKILLS?



11 easy ways to help your baby, toddler  
and child's speech and language at home

What to do if your child is stammering



Where to start if I'm worried about  
my child's speech, language or  
communication skills

Learning to speak more than one  
language – becoming bilingual



Paediatric Speech & Language Therapy Department,

Childrens Health Centre

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## PAEDIATRIC SPEECH & LANGUAGE THERAPY



SERVICES RUN **MONDAY-FRIDAY, 9.00 TO**  
**16.30 HRS**

**AT THE CHILDRENS HEALTH CENTRE**

- If the SLT identifies a speech and language need, they will advise you on therapy goals for your child and offer either a block of therapy or home therapy programme to work on goals.
- Therapy is always carried out jointly with parents and if your child is in school, teachers will also be informed and advise on how to best support.
- The type and duration of therapy is recommended by the SLT based on the outcome of the child's assessment.
- Following the therapy block or programme, your child's needs will be reviewed by the SLT and next steps recommended.

- If the SLT has identified further speech and language needs the SLT will discuss these with you. The SLT will advise whether a further therapy block, programme or other form of SLT support is recommended.
- If the SLT has identified no further speech and language needs at this time, your child will be discharged from the service for this episode of care.

### ACCESSING SUPPORT

- Your child's GP, Teacher or Health Visitor can refer- speak with them
- You can also get in touch to discuss concerns with us directly

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### WE SUPPORT CHILDREN'S

- Understanding & use of language
- Speech
- Voice
- Swallowing
- Fluency

### LANGUAGE THERAPY

#### TEAM

Support children age 0-18, helping them to meet their individual goals

- **Doctors, Health and Education Professionals and family members with specific speech and language concerns may refer a child to the GHA Speech and Language Therapy service.**

- If the referrer is unsure whether speech and language therapy is appropriate or can help your child, our Speech and Language Therapist (SLT) will guide them through this.
- The wait time between referral and assessment by an SLT can vary, but generally, children referred will be seen within three months.
- The SLT will see the child with you in clinic and assess the child's speech and language therapy needs.
- Based on this assessment, the SLT will provide individualised care advice.
- It may be that your child has no identified speech and language needs at this point in time.